

LOVE YOUR BODI...and everyone else will

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I am truly excited about becoming a leader with the 60 Day Weightloss Challenge. Having battled with my weight in the past has made me aware of the challenges that we face regarding weight issues. This journey is not easy but is one that I am excited to be working on with you. As a certified yoga instructor, you can expect to receive loads of information on yoga and how the practice of yoga can change your life. Welcome!

Tyeisha Delk

Team Hustlenomics

www.loveyourbodi.com