

My first thoughts...

Written by Deirdre Burton
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Hello Everyone,

I am so excited about being a part of this weight loss challenge. As a leader, I hope to encourage all the ones who will join me on this quest. I look forward in seeing the goals of my people and myself in losing some weight the first 60 days as well as others who are trying to meet their weight goals. I pray that God will bless each and every one of us as we share this venture with one another. That He bestow to us great favor on each of us and that He is glorified on this, in Jesus name! Amen!